

RESOURCES: ORGANIZATIONS

- **Oregon Attorney Assistance Program (OAAP)**
<https://oaap.org/>
- **American Bar Association**
https://www.americanbar.org/groups/lawyer_assistance/resources/alcohol_abuse_dependence/
- **The Recovery Village**
<https://www.therecoveryvillage.com/>
- **Substance Abuse & Mental Health Services Administration (SAMHSA)**
<https://www.samhsa.gov/find-help/national-helpline>

RESOURCES: ARTICLES

- **“The Alarming Alcoholism Rates for Lawyers”**
<https://www.therecoveryvillage.com/alcohol-abuse/alarming-alcoholism-rate-lawyers/>
- **“Midyear 2018: Panel to Examine Lawyer Substance Abuse, Mental Health – and Solutions”** https://www.americanbar.org/news/abanews/aba-news-archives/2018/02/midyear_2018_panel/
- **“Alcohol Use Disorders”**
https://www.americanbar.org/groups/lawyer_assistance/resources/alcohol_abuse_dependence/
- **“Problem Substance Use”**
<https://oaap.org/services/problem-substance-use/>
- **“Lawyer loneliness: Facing and fighting 'No. 1 public health issue'”**
https://www.abajournal.com/magazine/article/lawyer_loneliness_public_health
- **Making Yourself A Priority Is Not Selfish; It’s a Necessity: Strategies To Deal With COVID-19**
<https://nysba.org/making-yourself-a-priority-is-not-selfish-its-a-necessity-strategies-to-deal-with-covid-19/>
- **Professional Quality of Life - Self-Test**
http://www.proqol.org/uploads/ProQOL_5_English_Self-Score_3-2012.pdf
- **“VICARIOUS TRAUMA IN THE TIME OF COVID-19”**
<https://oaap.org/thriving-today/vicarious-trauma-in-the-time-of-covid-19/>