

Child Sexual Abuse Prevention Training 2nd Wednesday 4th Tuesday 10 am - 12:30 pm or 5:30 pm - 8:00 pm EVERY MONTH

# **Hosted by Liberty House**

Building 1, 385 Taylor St. NE Salem, OR 97301

RSVP to Katelynn Kniffin at 971-599-5876 or

kkniffin@LibertyHouseCenter.org

\$10 suggested donation to cover materials and host trainings



# Expect to leave with:

- Increased Awareness of the prevalence, consequences and circumstances of child sexual abuse
- New Skills for recognizing, preventing, and reacting to child sexual abuse
- Proactive, Positive Input to change organizational policies and procedures
- Individual Commitment to action via a personal prevention plan



Train your entire organization!

Schedule a *customized training* for your staff \*contact Katelynn Kniffin, see above

The only nationally available program proven to increase knowledge, improve attitudes and change child-protective behaviors.

Spanish training available







# **Volunteering at Liberty House**

Volunteering is an essential ingredient to ensuring the success of Liberty House and its mission. We look forward to meeting you and learning about the ways you can share your time, energy and unique skills with us.

# Volunteers Requirements for Playcare & Office Volunteers only:

- Be 23 years of age or older
- Sign a confidentiality agreement
- Pass a criminal background check
- Attend a Liberty House Tour

"Volunteering for Liberty House is so purposeful. What a sense of accomplishment playing with a child whose life would look so much different if they weren't able to come to Liberty House."

Brooke G.

# **Opportunities at Liberty House**

# Family Support "Playcare" Volunteer

- Child's first introduction to Liberty House and our staff
- Establishes connection with child and caregiver when visiting Liberty House
- Interacts with children during caregiver interview

### Office Volunteer

- Data entry and word processing
- General office duties: i.e. filing, copying
- · Assembling files and packets
- Mailing projects
- Updating and organizing resource material
- Other projects as needed

# **Special Events and Projects**

- Assists with fundraising events throughout the year
- Organizes and assists with informational tables at community events
- Prepares and assists with events related to Child Abuse Prevention Month (April)





If interested in assisting with these special event projects, please request that your name be added to our list of volunteers. You will be contacted as opportunities arise to determine your level of interest and availability. Events are held on weekdays, weekends, days and evenings. If you are looking for a way to involve a mature teen at Liberty House, these special events are a great way for him/her to be involved.

### "VOICES" -

# Volunteers Offering Inspiration, Community Encouragement & Support

All volunteers are invited to join VOICES. We meet monthly on the 3<sup>rd</sup> Thursday from 5:00-6:30 PM at Liberty House. This is a fun time to meet other volunteers, stay connected, share ideas, and support Liberty House while working on small projects.



"The hour-and-a-half monthly commitment fits nicely with my busy schedule, while giving me the opportunity to volunteer for special events when I have time. It is wonderful to be supporting a much needed and important organization."

Heather V.

#### **Garden Volunteers**

There are five sections in the garden. We are looking for two volunteers to oversee each section. The job does not require you to be a gardener (but helpful if you are one!)

#### **Expectations:**

- Visit the garden weekly in the growing season and routinely in the winter (2/month).
- Inspect that plants are healthy, and the section has no debris or need for irrigation repair.
- Do some needed weeding.
- Contact our Garden Captain when you need help or advice.
- Please do not make any decisions about what should happen in your section without consulting the Garden Captain.
- Meet with the Garden Captain and other garden volunteers at planning meetings (2/year).



An informal group of men, women or teens who are able to use their handyman skills on a facilities related project or occasional needed repairs at Liberty House.

Thank you for considering volunteering for Liberty House. We cannot serve the children and families of our area without your help.

Please contact Volunteer Coordinator, Adrienne Christian at 503-540-0288 or email her at achristian@libertyhouseventer.org

385 Taylor St NE, Salem, OR 97301 • 503-540-0288 • LibertyHouseCenter.org



Child sexual abuse is scary, and it's even scarier to think that a child you know may be in danger. Do you know how to respond if you discover or suspect child sexual abuse is occurring? This decision chart will help you figure out a responsible reaction.



# How Should I React?

There are 3 reasons to react to child sexual abuse:

For more information, visit D2L.org

# **DISCLOSURE**

A child reported sexual abuse to you

# Offer Support

The three most important words you can say:

"I believe you."

# Remain Calm

Don't overreact or show anger.

Is the child "troubled" or a "behavior problem"?

YES

NO

Child sexual abuse can contribute to a variety of behavioral, emotional, and physical issues. And sometimes, there are no outward signs.

# **DISCOVERY**

You witnessed a sexually abusive act

The act was by an adult

The act was by another youth

The act was by an adult

The act was by another youth

The act was

SUSPICION

You witnessed red flag behaviors

You see someone testing limits or crossing a child's physical boundaries, creating a situation that makes the child vulnerable.

Is the alleged offender or boundary violator:

a trusted friend, colleague, or supervisor?

a parent or family member of the child?

another youth?

60% of abusers are trusted acquaintances like friends, youth workers, or community leaders.

30% of abusers are immediate or extended family members.

40% of child sexual abuse is by older or larger youth.

You've discovered child sexual abuse.

REPORT

Contact the police

or child protective services (CPS).\*

# CHILD SEXUAL ABUSE

The person continues

The behavior stops.

violating boundaries.

#### Move On

"Chloe, let's go see what the other kids are up to."

# BOUNDARY VIOLATIONS

#### **Describe the Behavior**

"It looks like you're making Chloe kiss and hug. She looks uncomfortable."

#### Set a Limit

"Please stop. We let her decide when and how she wants to show affection."

You reinforced a child's boundaries and created a safer environment. Thank you!

<sup>\*</sup> Report any form of child pornography to the police or to the Cyber Tipline at 1-800-THE-LOST or missingkids.com. In some states, CPS goes by another name. Find out the agency that serves your state by searching the Internet for "child protective services" along with your state and county names. This chart uses recommendations provided by Darkness to Light's Stewards of Children® child sexual abuse prevention training. For more information, visit www.stewardsofchildren.org.



# Assessment, advice and support for children and families facing concerns of abuse, neglect, trauma or grief.

# 2018 FACTS

IN OREGON, THERE WERE 12,585 UNDUPLICATED CHILD ABUSE/NEGLECT VICTIMS.1

IN MARION & POLK COUNTIES THERE WERE 10,826 REPORTS OF CHILD ABUSE.2

26 CHILDREN DIED FROM CAUSES RELATED TO CHILD ABUSE.3

Over **1,100** children will come to Liberty House and Hope & Wellness Services this year for comprehensive medical evaluations, interviews and mental health therapy for concerns of sexual, physical abuse, neglect, trauma or grief.

At Liberty House, we have never been busier; we are working hard to sustain our ability to say yes every time a child or teen needs us.

Families receive **support**, **education**, **and information** on how to care for their child. Liberty House also provides caregiver education classes several times a year. We now offer trauma-informed mental health services to our families as well.

Liberty House is a **place for children**. Our staff is specially trained in working with children and our building is designed to meet their needs.

# **2018 FACTS FOR LIBERTY HOUSE**

OF THE 522 CHILDREN SEEN HERE FOR CONCERNS OF ABUSE -

- 67% WERE SEEN FOR CONCERNS OF SEXUAL ABUSE
- 43% WERE 7 YEARS OR YOUNGER, 29% WERE 5 YEARS OR YOUNGER
  - 65% WERE GIRLS, 35% WERE BOYS

# Protecting Our Children

Know the Facts. Child abuse happens.

Experts estimate that 1 in 3 girls and 1 in 5 boys will be sexually abused before they turn 18.4

At least 90% of victims are abused by someone they know and trust. Many times the perpetrator is a member of the family. $^5$ 

Talk about it. Child abuse happens in secret; to fight it we have to talk about it.

Talk openly with your children about sexual development, behavior and abuse.

Tell your children that if anyone: touches or tries to see their private parts, tries to get them to touch or look at another person's private parts (in person or in pictures) or does anything that makes them feel uncomfortable, to tell you or another safe adult about it as soon as possible.

Tell your children that touching private parts is not ok for adults to do with children. Reassure them you won't be mad at them if they tell you "secret touching" has been happening even if it has happened a lot.

Explain that some people try to trick kids into keeping the touching a secret. Give them examples of things someone might do to get them to keep it a secret: candy, money, special privileges, threats, punishment, etc.

Have a safety talk at least four times a year. Develop a family plan for answering the phone, fire safety, getting lost and "secret touching." Play "What if..." games in the car to reinforce how they should respond in different situations.

**Take action.** Together, we can make a difference for kids.

If something doesn't seem right, **trust your intuition**. Call the Child Abuse Hotline at 503-378-6704 with your concerns.

Get to know the homes where your children play.

**Supervise all internet activities** closely. Make sure that children never give out personal information like their phone number, address or school name over the internet.

**Develop the kind of relationship** that allows your child to come to you for help and support, for themselves or a friend

**Tell a friend** about the risks of child sexual abuse. The more adults who know how to protect children, the less vulnerable our children will be.

# If you have questions call Liberty House at 503-540-0288 LibertyHouseCenter.org

<sup>1</sup> https://www.oregon.gov/DHS/CHILDREN/CHILD-ABUSE/Documents/2018-Child-Welfare-Data-Book.pdf pg 5

<sup>2</sup> https://www.oregon.gov/DHS/CHILDREN/CHILD-ABUSE/Documents/2018-Child-Welfare-Data-Book.pdf pg 26

<sup>3</sup> https://www.oregon.gov/DHS/CHILDREN/CHILD-ABUSE/Documents/2018-Child-Welfare-Data-Book.pdf pg 8

<sup>3</sup> https://safersmarterfamilies.org/\_ 4 https://www.d2l.org/the-issue/statistics/ 5 https://www.d2l.org/the-issue/statistics/

# Trauma-Informed Care

Liberty House provides trauma-informed counseling through Hope & Wellness Services. A trauma-informed approach reflects adherence to the following key principles\*:

- Safety
- · Trustworthiness and transparency
- Peer support
- · Collaboration and mutuality
- · Empowerment, voice and choice
- Cultural, historical and gender issues

We recognize that a traumatic event may be a single event, a series of events, or chronic lasting stress. Trauma-informed services consider the events contributing to a trauma response, as well as the response itself. Furthermore, interventions are created in collaboration with the client and in consideration of the client's identified needs, culture and values.

\*Source: Substance Abuse and Mental Health Services Administration (https://www.samhsa.gov/)



# Hope & Wellness Services

## **Individual and Family Counseling:**

Counseling is a collaborative process in which your therapist will work with your child and family to identify goals and work toward achieving them in a supportive, comfortable environment.

# **Brief Therapy:**

All clients have the option to receive brief therapy which is time-limited to six sessions and focused upon achieving short-term goals.

### **Group Therapy:**

The Hope & Wellness program has a variety of group therapy options to provide psychoeducation, process experiences and build resiliency.

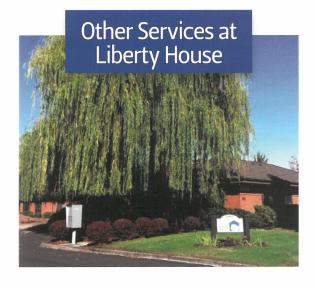
# **Trauma-Informed Caregiver Group:**

This group offers educational information about how trauma affects children and how their caregivers can support them during a difficult time.

## **Community Education and Consultation:**

Therapists are available to provide consultation to community partners regarding trauma. In addition, the program offers educational seminars periodically on issues related to parenting, safety, trauma and development.

Liberty House provides services in a neutral, child-friendly setting.



# Medical Evaluation of child sexual abuse, physical abuse and neglect:

Specially trained teams of medical providers and interviewers examine children for possible child abuse. When appropriate, the child is interviewed by a trained specialist in a safe, objective setting for children to share information.

# **Family Support Services:**

Children and families seen at Liberty House can access immediate, on-site family support services and referral to community resources.

## **Community Education:**

Liberty House can provide informational presentations to groups, businesses and organizations regarding child abuse and assessment services.



Liberty House is a private, nonprofit child abuse assessment center serving Marion and Polk counties since 1999. The Liberty House Clinic serves more than 700 children and family members each year, providing medical evaluations, child forensic interviews, family support, case consultations and referral services. Other programs include courtesy case review, community education and professional training.

The Hope & Wellness Program was established in Spring 2016 to expand upon the trauma-informed services provided to children and families throughout the Willamette Valley. Referrals are generated through the Liberty House Clinic and are also open to children assessed at other child abuse assessment centers in the state, as well as children and families who have experienced trauma or significant loss.

> To make a referral or for more information, call 503-689-1006.

To report suspected abuse, call the Child Abuse Hotline at 866-303-4643

Or your local law enforcement agency.





#### **Trauma-Informed Counseling Services**

Building 1: 375 Taylor St NE Salem OR, 97301 Phone: 503-689-1006 Fax: 503-540-0293 HopeandWellness.org



## Medical Clinic & Assessment Center

Building 2: 2685 4th St NE Salem, OR 97301

#### **Community Engagement**

Building 1: 385 Taylor St NE Salem OR, 97301 Phone: 503-540-0288 Fax: 503-540-0293 LibertyHouseCenter.org















Liberty House provides assessment, counseling and support for children and families facing concerns of child abuse, neglect, trauma or grief.

# Goals

## The goals of Liberty House are to:

- Provide high quality child abuse assessment services.
- Maintain a child, youth and family friendly atmosphere where services are provided in a culturally sensitive manner.
- Coordinate services in one location for families.
- Provide follow up, trauma-informed mental health services.
- Support caregivers in helping their child toward health and healing as appropriate.
- Educate the community about the issue of child abuse and what adults can do to protect children.
- Be a resource of information and support to our community, its families, agencies, and professionals regarding the issues of child abuse and protection.

# Services

# Medical Evaluation of child sexual abuse, physical abuse and neglect:

Specially trained teams of medical providers and interviewers examine children for possible child abuse. When appropriate, the child is interviewed by a trained specialist in a safe, objective setting for children to share information.

#### **Mental Health Services:**

Children and families who have been impacted by abuse and neglect can receive counseling from a therapist specifically trained in trauma-informed care. Individual, group and family therapy are offered.

# **Family Support Services:**

Children and families seen at Liberty House can access immediate, on-site family support services and referral to community resources.

# **Community Education:**

Liberty House can provide informational presentations to groups, businesses and organizations regarding child abuse and assessment services.





#### Take a Tour

Our Voices of Children Tours are available regularly or we can make a presentation at another location. For more information, call **503–540–0288** or go to **LibertyHouseCenter.org**.

#### Volunteer

Volunteers are an important part of Liberty House services. They offer support to children and families during assessments, assist with office projects and become involved in Liberty House community and fundraising events.

# Donate today!

Liberty House is a E01/c/(2) penprofit corporation

| in Salem, Oregon and relies on the generous support of donors in the community.  All gifts are tax-deductible. |
|--|
| Name   |
| Address  |
| Phone  |
| Email  |
| Enclosed is my tax-deductible gift of \$   |
| ☐ I am interested in becoming a monthly sustaining donor.  |
| ☐ I am interested in volunteer opportunities.  |
| Complete and mail to Liberty House<br>385 Taylor St. NE, Salem, Oregon 97301                                   |

There are over 1.100 confirmed victims of child abuse in Marion and Polk counties annually. Over half of the children served at Liberty House are under the age of seven. Two-thirds are girls, and one-third are boys. Children affected represent all socioeconomic, racial and ethnic backgrounds.

Research documents the link between childhood abuse and health and behavioral outcomes both short and long term. Teenagers have a greater likelihood for an earlier onset of smoking, sexual activity and illicit drug use. Later in life it correlates to alcohol abuse, heart disease, depression, suicide, and other tragedies. This costs in human and financial capital.

Liberty House works to reverse these trends. Research indicates when children are listened to, kept safe, and connected with community resources, they will more likely be resilient and have better long-term outcomes. Liberty House participates in each of these important interventions.

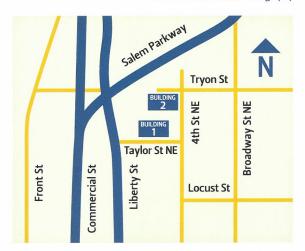
> To make a referral or for more information, call 503-540-0288.

To report suspected abuse. call the Child Abuse Hotline at 866-303-4643

Or your local law enforcement agency.



PHOTOS BY: Laurie Marie Photography





Building 1: 385 Taylor St NE, Salem, OR 97301 Building 2: 2685 4th Street NE, Salem, OR 97301 503-540-0288 · 503-540-0293 fax LibertyHouseCenter.org



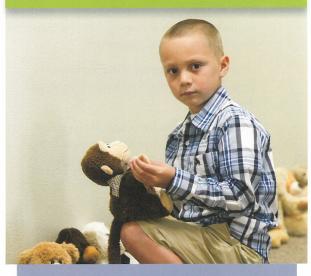






# **Child Abuse** Is Hard to **Talk About**

Most children won't. So we have to.



503-540-0288 LibertyHouseCenter.org



Liberty House provides assessment, counseling and support for children and families facing concerns of child abuse, neglect, trauma or grief.

# Karly's Law ORS 419B.022-419B.024

# Phase

# **DHS/LEA Investigation** ORS 419B.023(2)

If a person conducting an investigation under ORS 419B.020 observes a child who has suffered suspicious physical injury OR an injury that may be abuse...

## Investigation is either:

- Already under way: or
- Initiated as a result of a concern about a possible physical injury

# **B. Suspicious Physical Injury**

#### ORS 419B.023(b)(A)-(K): Includes but not limited to A. Burns or scalds;

- A. Burns or scalds;
  B. Extensive bruising or abrasions on any part of the body;
  C. Bruising, swelling or abrasions on the head, neck or face;
  D. Fractures of any bone in a child under the age of three;
  E. Multiple fractures in a child of any age;
  F. Dislocations, soft tissue swelling or moderate to severe cuts;
  G. Loss of the ability to walk or move normally according to the child's developmental ability;
  H. Unconsciousness or difficulty maintaining consciousness;
  I. Multiple injuries of different types;
  I. Injuries causing serious or protracted disfigurement or loss

- Injuries causing serious or protracted disfigurement or loss or impairment of the function of any bodily organ; or
- K. Any other injury that threatens the physical well-being of the child.

# C. Certain or Reasonable Suspicion Injury May Be Abuse.

# Look at the totality of the circumstances, i.e.:

#### People/Parents/Caregivers

- Related to child
- In the household/with the child/access · to the child
- · History of DHS/LEA involvement
- · Capacity to provide care/

#### Injury

- Nature and severity
- Isolated incident or part of a series of occurrences · Whether related to unman-
- aged chronic disease Recent visits to ER or other
- provider for similar concerns

# **Explanation of how**

- injury occurred · Lines up/is consistent with
- injury · Conduct, attitude,
- statements of parents/ caregivers (cooperation)
- · Consistency of statements each witness and among witnesses

## Conditions of environment

Other risk factors/your protocols for investigation

# Phase II

# IF A, B, and C, THEN:

# 1. Immediately Photograph

ORS 419B.028(1): Photos of anal or genital only taken by medical personnel. AND

#### 2. Medical Assessment with either

#### (a) DMP within 48 hours

(Reasonable efforts must be made to have child seen by DMP

#### Outcomes: -DMP diagnosis & Recommendations

ORS 419B.023(4)(a))

#### (b)(i) If DMP is not available within 48 hours:

Child shall be evaluated by another physician and physician's evaluation & diagnostic records should be sent to

the DMP for review within 72 hours of the child's evaluation. (ORS 419B.023(4)(b))

(b)(ii) Wait for

DMP opinion

closing case.

before

#### -Clear risks

Possible

outcomes at

this stage:

Absolutely no

concerns:

Reasonable

Suspicion

No

-Some risks but unclear

Possible outcomes at this stage:

-DMP concurs with other provider -DMP disagrees with other prov. -Recommendations/ further assessment/ forensic interview

# Your Responsibilities

Determine whether A, B, and C criteria are present in your investigation (see flow chart on back). Follow the steps below if they are present.

# 1. Immediately:

A. Call Liberty House (503-540-0288), Marion County's Designated Medical Professional for KL cases, immediately to schedule a medical evaluation for the child within 48 hours.

Note - If Liberty House cannot provide a medical evaluation within 48 hours, Liberty House will help you schedule the medical appointment with <u>another</u> medical provider.

- B. Photograph the injuries UNLESS the injuries are in the anal or genital regions of the body. Only a <u>medical provider</u> can take those photos.
- C. Cross-report your case by contacting your DHS or LEA counterpart.
- 2. <u>Attend the medical evaluation</u>, whether it is at Liberty House or another medical