



Rachel Simone Frey

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Overview

DOWNLOAD BIO [↓ HTTPS://WWW.LITTLER.COM/FILES/LAWYER-BIOGRAPHY/RACHEL_SIMONE_FREY.PDF](https://www.littler.com/files/lawyer-biography/rachel_simone_frey.pdf)

Rachel Simone Frey focuses her practice on counseling and representing management clients on labor and employment law matters. She has defended employers in state and federal court against claims of discrimination, harassment, retaliation, whistleblowing and various other employment-related claims. She has represented management clients in the Equal Employment Opportunity Commission (EEOC) and the New Jersey Division on Civil Rights. She has successfully written briefs and dispositive motions and handled oral argument, including in the New Jersey Superior Court, Appellate Division, and taken and defended numerous depositions.

In addition, Rachel counsels and represents management clients in unemployment compensation audits brought by the New Jersey Department of Labor. Rachel also focuses on noncompetition and nondisclosure agreements and provides training on a variety of employment law topics.

Before joining Littler, Rachel served as a deputy attorney general for the New Jersey Attorney General's Office representing various state agencies in employment and constitutional matters. Rachel also served as a law clerk to The Hon. Peter E. Warshaw, Jr., Presiding Judge in the Superior Court of the State of New Jersey, Criminal Division. During law school, she was a member of *Drexel Law Review* at Drexel University, Thomas R. Kline School of Law.

Focus Areas

[Discrimination and Harassment \(/practice-areas/discrimination-and-harassment\)](/practice-areas/discrimination-and-harassment)

[Whistleblowing, Compliance and Investigations \(/practice-areas/whistleblowing-compliance-and-investigations\)](/practice-areas/whistleblowing-compliance-and-investigations)

[Leaves of Absence and Disability Accommodation \(/practice-areas/leaves-absence-and-disability-accommodation\)](/practice-areas/leaves-absence-and-disability-accommodation)

[Litigation and Trials \(/practice-areas/litigation-and-trials\)](/practice-areas/litigation-and-trials)

News, Analysis & Press

[Another Brick in the WALL: New Jersey's Latest Tool Targeting Businesses for Violating State Wage, Benefit, and Tax Law \(/publication-press/publication/another-brick-wall-new-jerseys-latest-tool-targeting-businesses\)](/publication-press/publication/another-brick-wall-new-jerseys-latest-tool-targeting-businesses-for-violating-state-wage-benefit-and-tax-law)

ASAP

August 16, 2023

[New Jersey's New Year's Resolution: A New Law Limiting Restrictive Covenants? \(/publication-press/publication/new-jerseys-new-years-resolution-new-law-limiting-restrictive\)](/publication-press/publication/new-jerseys-new-years-resolution-a-new-law-limiting-restrictive-covenants)

Insight

January 17, 2023

Education

- › J.D., Drexel University, Thomas R. Kline School of Law, 2016
cum laude
- › B.A., Flagler College, 2011
summa cum laude

Bar Admission



Courts

- › U.S. Court of Appeals, 3rd Circuit
- › U.S. District Court, District of New Jersey
- › New Jersey Supreme Court
- › New Jersey Superior Court

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